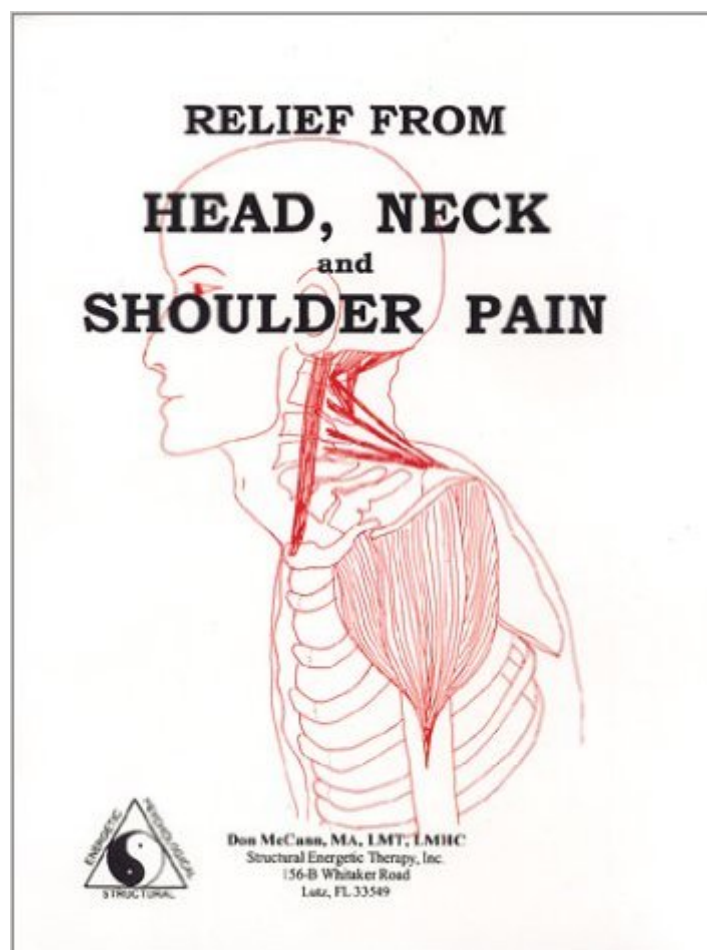


The book was found

Relief From Head, Neck And Shoulder Pain



Synopsis

A comprehensive presentation of the painful conditions found with the head/neck/and shoulders, case studies, stages of rehabilitation, application of therapies, and more. Two complete treatment protocols are presented in text, anatomical illustrations and photos. (1) The first is the Quick Release Technique which incorporates acupressure, trigger point therapy and craniosacral to relieve headaches, release painful spasms, and prepare clients for deep tissue therapy. It is also a complete and unique therapy in itself. (2) The second is a more in-depth and precise deep tissue protocol to very effectively address headaches and other painful soft tissue conditions with the attainable goal of full rehabilitation.

Book Information

Plastic Comb: 77 pages

Publisher: Structural Energetic Therapy, Inc. (July 7, 1999)

ISBN-10: 0970681119

ISBN-13: 978-0970681119

Product Dimensions: 10.8 x 8.6 x 0.2 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

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